



November 21, 2023

Dear Millbrook Students and Parents/Guardians,

Welcome to the Season of Giving! I thought that this would be an AMAZING time to introduce or reintroduce our Service as Action Programme to all 9th and 10th graders. In 2013, Millbrook High School was fully authorized to offer a whole-school International Baccalaureate (IB) Middle Years Programme (MYP) in grades 9 and 10. This means that **ALL 9TH AND 10TH GRADE STUDENTS AT MHS ARE IB STUDENTS**. The MYP and the Diploma Programme (DP) for grades 11 and 12, work together to offer students a varied learning experience that is different from their peers at traditional public schools. Our students participate in the MYP in various ways including classroom instruction, the 10th grade Personal Project, and the hope that they will make a commitment to service in our local community.

The IB recommends that student participants demonstrate a personal commitment to their community by making a positive difference in the lives of others. At Millbrook, students are encouraged to put classroom learning into action by building authentic connections between what they are learning and what they encounter in the community. This includes students participating/volunteering in traditional service areas, as well as reflecting on various experiences that occur in and outside of the classroom that help them to develop and improve on skills that they use. It is our hope that these experiences will help our students to better understand their place in our local and global communities and help them foster a lifetime commitment to service and mindfulness (reflection)

In order to complete the requirements for the Service as Action Programme, students should complete **10 EXPERIENCES, WITH REFLECTIONS, by May 1st of their SOPHOMORE YEAR**. Students will receive instruction on how to complete these reflections and further examples of what constitutes an experience, in the month of DECEMBER of this school year in their Individuals and societies (history) classes. These experiences will be uploaded via Google Forms in a specified format. Completion of this programme is a requirement in the awarding of MYP Certificate, the highest standard of achievement in the MYP (**along with the successful completion of the Personal Project- students must receive at least a 16 on this project**). It MAY also be considered in induction of the National Honor Society, selection as a Junior Marshall, and acceptance into the Diploma Programme- however, students who do not complete this program are still considered for each of these honors. **PLEASE NOTE THAT THIS IS NOT A REQUIREMENT FOR GRADUATION.**

The following items are attached to provide additional information and assist students in maintaining an accurate record of their service:

- Goals, Objectives and Requirements for Service as Action
- Examples of activities
- Sample of Online Submission Form
- Student Record Sheet

I understand that you might have questions, including how to navigate the school website. I will be happy to answer any and all questions that you have, so please do not hesitate to ask!

Sincerely,

LaShonda Haddock, MYP Coordinator
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"IB Learners strive to be caring members of the community who demonstrate a personal commitment to service, and act to make a positive difference to the lives of others and to the environment. Through responsible action, tightly connected with sustained inquiry and critical reflection, young people and adults can develop the kind of attributes described by the learner profile that are essential for success in future academic pursuits and for adult life."

MYP: From Principles to Practice

The Seven Goals and Objectives of the MYP Community Service Programme

Students engaged in service become empowered to make choices about how to take thoughtful and positive action. By committing to service students will show evidence of these [seven](#) learning outcomes by the end of the MYP Programme:

1. Become more aware of their own strengths and areas for growth
2. Undertake challenges that develop new skills
3. Discuss, evaluate and plan student-initiated activities
4. Persevere in action
5. Work collaboratively with others
6. Develop international-mindedness through global engagement, multilingualism, and intercultural understanding
7. Consider the ethical implications of their actions

The experiences students participate in should involve/include:

- Real, purposeful activities, with significant outcomes- I donated food to a food shelter or in my classroom is not purposeful/significant
- Thoughtful consideration, such as planning, reviewing, and reporting
- Personal Challenges- must extend what the student knows, be achievable, and include ways in which this challenge affected others
- Reflection on outcomes and personal learning

*Students should and can select multiple learning outcomes for each activity

Service in a Global Context

As students complete Service as Action activities, it is important to realize why the activity is important, why people are passionate about it and how the activity connects to the real-world. The MYP global contexts provide the language to identify powerful themes of global significance that focus on real-life issues and concerns that impact adolescent lives.

MYP Global Contexts			
identities and relationships <i>who am I? who are we?</i>	identity; beliefs & values; personal, physical, mental, social & spiritual health; human relationships including families, friends, communities & cultures	globalization and sustainability <i>How is everything connected?</i>	the connectedness of human-made systems and communities; the impact of decision-making on humankind and the environment
orientation in time and space <i>what is the meaning or 'where' and 'when'?</i>	personal histories; homes & journeys; turning points in humankind; discoveries; explorations & migrations of humankind; the relationships between individuals & civilizations	scientific and technical innovation <i>How do we understand the worlds in which we live?</i>	the interaction between people & the natural world; the impact of science & technology on communities & environments; the impact of environments on human activity; how humans adapt environments to their needs
personal and cultural expression <i>what is the nature and purpose of Creative expression?</i>	ways in which we discover & express ideas, feelings, nature, culture, beliefs & values; the ways in which we reflect on, extend & enjoy our creativity	fairness and development <i>what are the consequences or common humanity?</i>	explore rights and responsibilities; sharing resources with other people and things; access to equal opportunities; peace and conflict resolution.

Guidelines and Requirements of Student Participation

- Students in both 9th and 10th grades are expected to complete **5 experiences per year- if sophomores did not complete 5 experiences as a freshman, they can complete all 10 as sophomores**
- Experiences should include opportunity for student growth, and align with the 7 learning outcomes for service
- You must have a **TOTAL OF TEN** experiences by the end of your 10th grade year
- All service must start at the beginning of the 9th grade year (cannot be anything from middle school) **and end by May 1st of the 10th grade year** in order to be counted for MYP credit.
- To receive credit for service as action, the student **must submit all service activities online**

Experiences Should Not.....

- be activities in which you receive payment.
- consist of service to your family i.e. chores, babysitting siblings

Examples of MYP Service as Action

- Advocacy/raising awareness for issues you deem important in your community
- Creating podcasts in collaboration with peers to help students with physical and mental well-being (socio/emotional)
- Partner with youth organizations or social media influencers to advocate and reach others about issues important to you
- Start a non-profit organization/business/service to help someone in the community.. i.e. mowing lawns for elderly or infirmed neighbors, creating masks for essential workers, making thank you cards for local essential workers * more info in Service as Action Examples document
- Create learning blogs on social issues based on lessons learned in class (Literature- based on a book they read, humanities- social justice or educating people on how/why vote, math- create, post, and educate others using data based information/graphs about the importance of social distancing and other safety measures at school, etc)
- Virtual visits to new places (learned about in a humanities or language acquisition class, for example) to then create informative websites/blogs/etc to educate peers on the history, culture, current events, etc of the location
- More examples can be found [here](#)

If you are unsure if your experience would qualify as Service as Action, please feel free to complete [here](#) form. Note that response to your question could be delayed, use your best judgment in deciding what service you will choose, by validating its usage in your reflections and other writings.

Submission of Community Service

All service activities must be submitted online to count for credit. Below are all of the questions you will have to answer when submitting your service. Make sure you are prepared to answer all questions at the time of submission. **Also, once you have submitted the form, you will NOT be able access the information, so please be sure to keep a record for yourself of all of your submitted service.**

Online Submission Form Questions

1. Student Email Address
2. Student ID Number
3. Student LAST Name
4. Student FIRST Name
5. Year of Graduation
6. When was the experience completed?
7. Number of hours it took to complete the activity
8. Name of the Organization or Group if applicable
9. What service activity did you perform? Brief description.
10. Why did you find these activities to be meaningful experiences?
11. Explain how this activity was connected to a classroom experience from grades 9 or 10.
12. Which global contexts would you consider to be most closely related to this service activity? (Choose from list)
13. Reflection- Consider the following:
 - How you Felt
 - What you perceived
 - What you thought about the experience
 - What the activity meant to you
 - What the value of the experience was
 - What you learned from the activity and how you can apply what was learned more widely
 - Indicate your understanding and completion of the 7 learning outcomes

Accessing the Online Submission Form

- ☐ Access here
<https://docs.google.com/forms/d/1UK00bSljnWYElYSRzSb3mm9jN87SD7z1-G38RS43DL8/copy>
- ☐ OR
- ☐ Navigate directly to the website:
- ☐ OR
- ☐ Use the Millbrook High School homepage, select Magnet, select Magnet Information, select Middle Years Programme (all 9th and 10th graders)

For Questions and Concerns about Submitting Service Hours:

LaShonda Haddock

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MYP Service as Action Programme

MHS Community Service Record

Student Name:

Grade:

School Year:

Date	Activity/Organization/Experience	Hours Spent on Experience

REMEMBER: All hours must be submitted online to receive credit. This document is for your records only!

Updated 6/2023